

2025–2026 SCHOOL-YEAR CHECKLIST FOR DELAWARE PARENTS

Protect Your Family's Rights 



BEFORE SCHOOL STARTS

- Submit your opt-out letter to:
 - Principal
 - Homeroom/ELA/Health teachers
 - School counselor
 - Superintendent
 - Curriculum Office
 - District Title IX Coordinator
 - School board secretary
- Attach the **Mahmoud v. Taylor summary**.
- Request written confirmation that accommodations will begin on Day 1.
- Ask who is responsible for teacher compliance.
- Make a folder for emails, receipts, and school communication.

FIRST WEEK OF SCHOOL

- Email teachers to confirm they received the opt-out.
- Ask for syllabi for ELA, Health, Advisory, SEL, and any class where identity topics may arise.
- Review school ideology & district portals to identify scheduled content.

MONTHLY/QUARTERLY ACTIONS

- Check the school board's site for policy updates.
- Attend, watch, or read minutes for school board meetings to look for mentions of:
 - Gender identity policies
 - Library/materials policies and updates
 - Health curriculum changes
- If lesson plans are made available, check them for new surveys added.
- Review syllabi for new units that might include LGBTQ+ content.
- Monitor for Pride week/month activities or "identity" units.
- If needed, re-send your opt-out to new long-term substitutes or rotating teachers.

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IF AN ISSUE ARISES

- Document the date, time, teacher, and assignment.
- Email the principal within 24 hours.
- CC the superintendent if you receive no response within 48 hours.
- Save screenshots or photos of the material (hard copies, if available).
- Attend the next school board meeting and provide public comment if needed.
- Fill out the DFPC incident report form on /LetKidsBeKids so we can partner with you to protect your child.

PREPARING YOUR CHILD

- Teach them to respectfully say, *“My parents filed an opt-out for this topic. May I go to the office?”*
- Review boundaries about pronouns, privacy, and biblical view of identity/sexuality.

END OF YEAR

- You may desire to request confirmation that no violations occurred.
- If there were issues, make notations of your concerns to include in next year's opt-out letter.



BOTTOM LINE

You are your child's strongest advocate.
Delaware schools are legally required to follow your faith-based requests.



To learn more about protecting children in DE, scan this QR code or visit DelawareFamilies.org/LetKidsBeKids